



SCHEDULE - DAY 1

Sun, 12 Jan 2025



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
001	Taitama - W12 250	Heat	1 / 5	11:00 am	
002	Taitamāhine - W6 250	Heat	1 / 5	11:13 am	
003	Taitama - W12 250	Heat	2 / 5	11:23 am	
004	Taitamāhine - W6 250	Heat	2 / 5	11:36 am	
005	Taitama - W12 250	Heat	3 / 5	11:46 am	
006	Taitamāhine - W6 250	Heat	3 / 5	11:59 am	
007	Taitama - W12 250	Heat	4 / 5	12:09 pm	
008	Taitamāhine - W6 250	Heat	4 / 5	12:22 pm	
009	Taitama - W12 250	Heat	5 / 5	12:32 pm	See Race 021
010	Taitamāhine - W6 250	Heat	5 / 5	12:45 pm	See Race 020
011	Taitama - W6 250	Heat	1 / 6	12:55 pm	
012	Taitama - W6 250	Heat	2 / 6	1:05 pm	
013	Taitamāhine - W12 250	Heat	1 / 3	1:15 pm	
014	Taitama - W6 250	Heat	3 / 6	1:28 pm	
015	Taitamāhine - W12 250	Heat	2 / 3	1:38 pm	
016	Taitama - W6 250	Heat	4 / 6	1:51 pm	
017	Taitamāhine - W12 250	Heat	3 / 3	2:01 pm	See Race 048
018	Taitama - W6 250	Heat	5 / 6	2:14 pm	
019	Taitama - W6 250	Heat	6 / 6	2:24 pm	See Race 043
020	Taitamāhine - W6 250	Te Takere Semi	1 / 2	2:34 pm	
021	Taitama - W12 250	Te Takere Semi	1 / 2	2:44 pm	
022	Taitamāhine - W6 250	Te Takere Semi	2 / 2	2:57 pm	See Race 024
023	Taitama - W12 250	Te Takere Semi	2 / 2	3:07 pm	See Race 025
024	Taitamāhine - W6 250	Te Ihu Semi	1 / 2	3:20 pm	
025	Taitama - W12 250	Te Ihu Semi	1 / 2	3:30 pm	
026	Taitamāhine - W6 250	Te Ihu Semi	2 / 2	3:43 pm	See Race 079
027	Taitama - W12 250	Te Ihu Semi	2 / 2	3:53 pm	See Race 068



2025 National Sprint Championships

SCHEDULE - DAY 2
Mon, 13 Jan 2025



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
028	Int Men - W12 500	Heat	1 / 3	8:30 am	
029	J16 Women - W6 500	Heat	1 / 5	8:37 am	
030	J16 Women - W6 500	Heat	2 / 5	8:43 am	
031	Int Men - W12 500	Heat	2 / 3	8:49 am	
032	J16 Women - W6 500	Heat	3 / 5	8:56 am	
033	J16 Women - W6 500	Heat	4 / 5	9:02 am	
034	Int Men - W12 500	Heat	3 / 3	9:08 am	See Race 113
035	J16 Women - W6 500	Heat	5 / 5	9:15 am	See Race 069
036	Int Women - W12 500	Heat	1 / 4	9:21 am	
037	J16 Men - W6 500	Heat	1 / 4	9:28 am	
038	J16 Men - W6 500	Heat	2 / 4	9:34 am	
039	Int Women - W12 500	Heat	2 / 4	9:40 am	
040	J16 Men - W6 500	Heat	3 / 4	9:47 am	
041	J16 Men - W6 500	Heat	4 / 4	9:53 am	See Race 072
042	Int Women - W12 500	Heat	3 / 4	9:59 am	
043	Taitama - W6 250	Te Kei Semi	1 / 2	10:06 am	
044	Taitama - W6 250	Te Kei Semi	2 / 2	10:16 am	See Race 046
045	Int Women - W12 500	Heat	4 / 4	10:26 am	See Race 119
046	Taitama - W6 250	Te Takere Semi	1 / 2	10:33 am	
047	Taitama - W6 250	Te Takere Semi	2 / 2	10:43 am	See Race 049
048	Taitamāhine - W12 250	Te Takere Semi	1 / 2	10:53 am	
049	Taitama - W6 250	Te Ihu Semi	1 / 2	11:06 am	
050	Taitama - W6 250	Te Ihu Semi	2 / 2	11:16 am	See Race 080
051	Taitamāhine - W12 250	Te Takere Semi	2 / 2	11:26 am	See Race 062
052	Int Men - W6 500	Heat	1 / 5	11:39 am	
053	Int Men - W6 500	Heat	2 / 5	11:46 am	
054	J16 Women - W12 500	Heat	1 / 3	11:53 am	
055	Int Men - W6 500	Heat	3 / 5	11:59 am	
056	Int Men - W6 500	Heat	4 / 5	12:06 pm	
057	J16 Women - W12 500	Heat	2 / 3	12:13 pm	
058	Int Men - W6 500	Heat	5 / 5	12:19 pm	See Race 077
059	J16 Women - W12 500	Heat	3 / 3	12:26 pm	See Race 107
060	Int Women - W6 500	Heat	1 / 6	12:32 pm	
061	Int Women - W6 500	Heat	2 / 6	12:39 pm	
062	Taitamāhine - W12 250	Te Takere Final		12:46 pm	See Race 065
063	Int Women - W6 500	Heat	3 / 6	12:59 pm	
064	Int Women - W6 500	Heat	4 / 6	1:06 pm	
065	Taitamāhine - W12 250	Te Ihu Final		1:13 pm	
066	Int Women - W6 500	Heat	5 / 6	1:26 pm	
067	Int Women - W6 500	Heat	6 / 6	1:33 pm	See Race 075
068	Taitama - W12 250	Te Kei Final		1:40 pm	See Race 071
069	J16 Women - W6 500	Semi	1 / 2	1:53 pm	
070	J16 Women - W6 500	Semi	2 / 2	1:59 pm	See Race 086
071	Taitama - W12 250	Te Takere Final		2:05 pm	See Race 074



2025 National Sprint Championships

SCHEDULE - DAY 2

Mon, 13 Jan 2025



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
072	J16 Men - W6 500	Semi	1 / 2	2:18 pm	
073	J16 Men - W6 500	Semi	2 / 2	2:24 pm	See Race 085
074	Taitama - W12 250	Te Ihu Final		2:30 pm	
075	Int Women - W6 500	Semi	1 / 2	2:43 pm	
076	Int Women - W6 500	Semi	2 / 2	2:50 pm	See Race 088
077	Int Men - W6 500	Semi	1 / 2	2:57 pm	
078	Int Men - W6 500	Semi	2 / 2	3:04 pm	See Race 087
079	Taitamāhine - W6 250	Te Kei Final		3:11 pm	See Race 081
080	Taitama - W6 250	Te Kei Final		3:21 pm	See Race 082
081	Taitamāhine - W6 250	Te Takere Final		3:31 pm	See Race 083
082	Taitama - W6 250	Te Takere Final		3:41 pm	See Race 084
083	Taitamāhine - W6 250	Te Ihu Final		3:51 pm	
084	Taitama - W6 250	Te Ihu Final		4:01 pm	
085	J16 Men - W6 500	Final		4:11 pm	
086	J16 Women - W6 500	Final		4:17 pm	
087	Int Men - W6 500	Final		4:23 pm	
088	Int Women - W6 500	Final		4:30 pm	



2025 National Sprint Championships

SCHEDULE - DAY 3

Tue, 14 Jan 2025



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
089	J16 Women - W6 1000	Heat	1 / 7	8:30 am	
090	J16 Women - W6 1000	Heat	2 / 7	8:39 am	
091	Int Men - W6 500 (Turn)	Heat	1 / 7	8:48 am	
092	Int Men - W6 500 (Turn)	Heat	2 / 7	8:56 am	
093	J16 Women - W6 1000	Heat	3 / 7	9:04 am	
094	J16 Women - W6 1000	Heat	4 / 7	9:13 am	
095	Int Men - W6 500 (Turn)	Heat	3 / 7	9:22 am	
096	Int Men - W6 500 (Turn)	Heat	4 / 7	9:30 am	
097	J16 Women - W6 1000	Heat	5 / 7	9:38 am	
098	J16 Women - W6 1000	Heat	6 / 7	9:47 am	
099	J16 Men - W12 500	Heat	1 / 2	9:56 am	
100	Int Men - W6 500 (Turn)	Heat	5 / 7	10:02 am	
101	Int Men - W6 500 (Turn)	Heat	6 / 7	10:10 am	
102	J16 Men - W12 500	Heat	2 / 2	10:18 am	See Race 128
103	J16 Women - W6 1000	Heat	7 / 7	10:24 am	See Race 132
104	Int Men - W6 500 (Turn)	Heat	7 / 7	10:33 am	See Race 126
105	Int Women - W6 500 (Turn)	Heat	1 / 8	10:41 am	
106	Int Women - W6 500 (Turn)	Heat	2 / 8	10:49 am	
107	J16 Women - W12 500	Semi	1 / 2	10:57 am	
108	Int Women - W6 500 (Turn)	Heat	3 / 8	11:03 am	
109	Int Women - W6 500 (Turn)	Heat	4 / 8	11:11 am	
110	J16 Women - W12 500	Semi	2 / 2	11:19 am	See Race 125
111	Int Women - W6 500 (Turn)	Heat	5 / 8	11:25 am	
112	Int Women - W6 500 (Turn)	Heat	6 / 8	11:33 am	
113	Int Men - W12 500	Semi	1 / 2	11:41 am	
114	Int Women - W6 500 (Turn)	Heat	7 / 8	11:48 am	
115	Int Women - W6 500 (Turn)	Heat	8 / 8	11:56 am	See Race 129
116	Int Men - W12 500	Semi	2 / 2	12:04 pm	See Race 131
117	J16 Men - W6 1000	Heat	1 / 6	12:11 pm	
118	J16 Men - W6 1000	Heat	2 / 6	12:20 pm	
119	Int Women - W12 500	Semi	1 / 2	12:29 pm	
120	J16 Men - W6 1000	Heat	3 / 6	12:36 pm	
121	J16 Men - W6 1000	Heat	4 / 6	12:45 pm	
122	Int Women - W12 500	Semi	2 / 2	12:54 pm	See Race 134
123	J16 Men - W6 1000	Heat	5 / 6	1:01 pm	
124	J16 Men - W6 1000	Heat	6 / 6	1:10 pm	See Race 135
125	J16 Women - W12 500	Final		1:19 pm	
126	Int Men - W6 500 (Turn)	Semi	1 / 2	1:25 pm	
127	Int Men - W6 500 (Turn)	Semi	2 / 2	1:33 pm	See Race 137
128	J16 Men - W12 500	Final		1:41 pm	
129	Int Women - W6 500 (Turn)	Semi	1 / 2	1:47 pm	
130	Int Women - W6 500 (Turn)	Semi	2 / 2	1:55 pm	See Race 138
131	Int Men - W12 500	Final		2:03 pm	
132	J16 Women - W6 1000	Semi	1 / 2	2:10 pm	



2025 National Sprint Championships

SCHEDULE - DAY 3

Tue, 14 Jan 2025



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
133	J16 Women - W6 1000	Semi	2 / 2	2:19 pm	See Race 139
134	Int Women - W12 500	Final		2:28 pm	
135	J16 Men - W6 1000	Semi	1 / 2	2:35 pm	
136	J16 Men - W6 1000	Semi	2 / 2	2:44 pm	See Race 140
137	Int Men - W6 500 (Turn)	Final		2:53 pm	
138	Int Women - W6 500 (Turn)	Final		3:01 pm	
139	J16 Women - W6 1000	Final		3:09 pm	
140	J16 Men - W6 1000	Final		3:18 pm	



2025 National Sprint Championships

SCHEDULE - DAY 4

Wed, 15 Jan 2025



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
141	Int Women - W1 500	Heat	1 / 3	7:30 am	
142	Int Women - W1 500	Heat	2 / 3	7:35 am	
143	Int Women - W1 500	Heat	3 / 3	7:40 am	See Race 192
144	Int Men - W1 500	Heat	1 / 3	7:45 am	
145	Int Men - W1 500	Heat	2 / 3	7:50 am	
146	Int Men - W1 500	Heat	3 / 3	7:55 am	See Race 194
147	J16 Women - W1 500	Heat	1 / 3	8:00 am	
148	J16 Women - W1 500	Heat	2 / 3	8:05 am	
149	J16 Women - W1 500	Heat	3 / 3	8:10 am	See Race 197
150	J16 Men - W1 500	Heat	1 / 3	8:15 am	
151	J16 Men - W1 500	Heat	2 / 3	8:20 am	
152	J16 Men - W1 500	Heat	3 / 3	8:25 am	See Race 199
153	J19 Women - W1 500	Heat	1 / 3	8:30 am	
154	J19 Women - W1 500	Heat	2 / 3	8:35 am	
155	J19 Women - W1 500	Heat	3 / 3	8:40 am	See Race 201
156	J19 Men - W1 500	Heat	1 / 3	8:45 am	
157	J19 Men - W1 500	Heat	2 / 3	8:50 am	
158	J19 Men - W1 500	Heat	3 / 3	8:55 am	See Race 203
159	U23 Women - W1 500	Heat	1 / 2	9:00 am	
160	U23 Women - W1 500	Heat	2 / 2	9:05 am	See Race 233
161	U23 Men - W1 500	Heat	1 / 2	9:10 am	
162	U23 Men - W1 500	Heat	2 / 2	9:15 am	See Race 234
163	Gld Master Women - W1 500	Heat	1 / 3	9:20 am	
164	Gld Master Women - W1 500	Heat	2 / 3	9:26 am	
165	Gld Master Women - W1 500	Heat	3 / 3	9:32 am	See Race 205
166	Gld Master Men - W1 500	Heat	1 / 3	9:38 am	
167	Gld Master Men - W1 500	Heat	2 / 3	9:44 am	
168	Gld Master Men - W1 500	Heat	3 / 3	9:50 am	See Race 207
169	Snr Master Women - W1 500	Heat	1 / 3	9:56 am	
170	Snr Master Women - W1 500	Heat	2 / 3	10:01 am	
171	Snr Master Women - W1 500	Heat	3 / 3	10:06 am	See Race 209
172	Snr Master Men - W1 500	Heat	1 / 3	10:11 am	
173	Snr Master Men - W1 500	Heat	2 / 3	10:16 am	
174	Snr Master Men - W1 500	Heat	3 / 3	10:21 am	See Race 211
175	Master Women - W1 500	Heat	1 / 3	10:26 am	
176	Master Women - W1 500	Heat	2 / 3	10:31 am	
177	Master Women - W1 500	Heat	3 / 3	10:36 am	See Race 213
178	Master Men - W1 500	Heat	1 / 3	10:41 am	
179	Master Men - W1 500	Heat	2 / 3	10:46 am	
180	Master Men - W1 500	Heat	3 / 3	10:51 am	See Race 215
181	Premier Women - W1 500	Heat	1 / 3	10:56 am	
182	Premier Women - W1 500	Heat	2 / 3	11:01 am	
183	Premier Women - W1 500	Heat	3 / 3	11:06 am	See Race 217
184	Premier Men - W1 500	Heat	1 / 3	11:11 am	



2025 National Sprint Championships

SCHEDULE - DAY 4

Wed, 15 Jan 2025



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
185	Premier Men - W1 500	Heat	2 / 3	11:16 am	
186	Premier Men - W1 500	Heat	3 / 3	11:21 am	See Race 219
187	Master 80 Men - W1 250	Heat	1 / 1	11:26 am	See Race 221
188	Master 75 Women - W1 500	Heat	1 / 1	11:32 am	See Race 222
189	Master 75 Men - W1 500	Heat	1 / 1	11:38 am	See Race 223
190	Master 70 Women - W1 500	Heat	1 / 1	11:44 am	See Race 224
191	Master 70 Men - W1 500	Heat	1 / 1	11:50 am	See Race 225
192	Int Women - W1 500	Semi	1 / 2	11:57 am	
193	Int Women - W1 500	Semi	2 / 2	12:02 pm	See Race 227
194	Int Men - W1 500	Semi	1 / 2	12:07 pm	
195	Int Men - W1 500	Semi	2 / 2	12:12 pm	See Race 228
	200m Startline				
196	Adaptive Men (VL3) - W1 200	St. Final		12:17 pm	
	500m startline				
197	J16 Women - W1 500	Semi	1 / 2	12:24 pm	
198	J16 Women - W1 500	Semi	2 / 2	12:30 pm	See Race 229
199	J16 Men - W1 500	Semi	1 / 2	12:36 pm	
200	J16 Men - W1 500	Semi	2 / 2	12:41 pm	See Race 230
201	J19 Women - W1 500	Semi	1 / 2	12:46 pm	
202	J19 Women - W1 500	Semi	2 / 2	12:51 pm	See Race 231
203	J19 Men - W1 500	Semi	1 / 2	12:56 pm	
204	J19 Men - W1 500	Semi	2 / 2	1:01 pm	See Race 232
205	Gld Master Women - W1 500	Semi	1 / 2	1:06 pm	
206	Gld Master Women - W1 500	Semi	2 / 2	1:12 pm	See Race 235
207	Gld Master Men - W1 500	Semi	1 / 2	1:18 pm	
208	Gld Master Men - W1 500	Semi	2 / 2	1:24 pm	See Race 236
209	Snr Master Women - W1 500	Semi	1 / 2	1:30 pm	
210	Snr Master Women - W1 500	Semi	2 / 2	1:35 pm	See Race 237
211	Snr Master Men - W1 500	Semi	1 / 2	1:40 pm	
212	Snr Master Men - W1 500	Semi	2 / 2	1:45 pm	See Race 238
213	Master Women - W1 500	Semi	1 / 2	1:50 pm	
214	Master Women - W1 500	Semi	2 / 2	1:55 pm	See Race 239
215	Master Men - W1 500	Semi	1 / 2	2:00 pm	
216	Master Men - W1 500	Semi	2 / 2	2:05 pm	See Race 240
217	Premier Women - W1 500	Semi	1 / 2	2:10 pm	
218	Premier Women - W1 500	Semi	2 / 2	2:15 pm	See Race 241
219	Premier Men - W1 500	Semi	1 / 2	2:20 pm	
220	Premier Men - W1 500	Semi	2 / 2	2:25 pm	See Race 242
221	Master 80 Men - W1 250	Final		2:30 pm	
222	Master 75 Women - W1 500	Final		2:36 pm	
223	Master 75 Men - W1 500	Final		2:42 pm	
224	Master 70 Women - W1 500	Final		2:48 pm	
225	Master 70 Men - W1 500	Final		2:54 pm	
226	Adaptive Men (VL3) - W1 500	St. Final		3:01 pm	



SCHEDULE - DAY 4

Wed, 15 Jan 2025



RACE	EVENT	ROUND	EST. START	PROGRESSIONS
227	Int Women - W1 500	Final	3:08 pm	
228	Int Men - W1 500	Final	3:13 pm	
229	J16 Women - W1 500	Final	3:18 pm	
230	J16 Men - W1 500	Final	3:24 pm	
231	J19 Women - W1 500	Final	3:29 pm	
232	J19 Men - W1 500	Final	3:34 pm	
233	U23 Women - W1 500	Final	3:39 pm	
234	U23 Men - W1 500	Final	3:44 pm	
235	Gld Master Women - W1 500	Final	3:49 pm	
236	Gld Master Men - W1 500	Final	3:55 pm	
237	Snr Master Women - W1 500	Final	4:01 pm	
238	Snr Master Men - W1 500	Final	4:06 pm	
239	Master Women - W1 500	Final	4:11 pm	
240	Master Men - W1 500	Final	4:16 pm	
241	Premier Women - W1 500	Final	4:21 pm	
242	Premier Men - W1 500	Final	4:26 pm	



2025 National Sprint Championships

SCHEDULE - DAY 5

Thu, 16 Jan 2025



RACE	EVENT	ROUND	EST. START	PROGRESSIONS
243	Premier Women - W12 500	Heat	1 / 5	7:30 am
244	Snr Master Men - W6 500	Heat	1 / 2	7:36 am
245	Snr Master Men - W6 500	Heat	2 / 2	7:42 am See Race 412
246	Premier Women - W12 500	Heat	2 / 5	7:48 am
247	Snr Master Women - W6 500	Heat	1 / 2	7:54 am
248	Snr Master Women - W6 500	Heat	2 / 2	8:00 am See Race 413
249	Premier Women - W12 500	Heat	3 / 5	8:06 am
250	Gld Master Men - W6 500	Heat	1 / 2	8:12 am
251	Gld Master Men - W6 500	Heat	2 / 2	8:18 am See Race 414
252	Premier Women - W12 500	Heat	4 / 5	8:24 am
253	Gld Master Women - W6 500	Heat	1 / 2	8:30 am
254	Gld Master Women - W6 500	Heat	2 / 2	8:36 am See Race 415
255	Premier Women - W12 500	Heat	5 / 5	8:42 am See Race 310
256	Premier Men - W6 500	Heat	1 / 4	8:48 am
257	Premier Men - W6 500	Heat	2 / 4	8:54 am
258	Snr Master Men - W12 500	Heat	1 / 1	9:00 am See Race 334
259	Premier Men - W6 500	Heat	3 / 4	9:06 am
260	Premier Men - W6 500	Heat	4 / 4	9:12 am See Race 300
261	Snr Master Women - W12 500	Heat	1 / 1	9:18 am See Race 340
262	Master (70) Women - W6 500	Heat	1 / 1	9:24 am See Race 411
263	Master (70) Men - W6 500	Heat	1 / 1	9:30 am See Race 410
264	Master Women - W12 500	Heat	1 / 2	9:36 am
265	Premier Women - W6 500	Heat	1 / 5	9:42 am
266	Premier Women - W6 500	Heat	2 / 5	9:48 am
267	Master Women - W12 500	Heat	2 / 2	9:54 am See Race 352
268	Premier Women - W6 500	Heat	3 / 5	10:00 am
269	Premier Women - W6 500	Heat	4 / 5	10:06 am
270	Gld Master Women - W12 500	Heat	1 / 1	10:12 am See Race 297
271	Premier Women - W6 500	Heat	5 / 5	10:18 am See Race 284
272	J19 Men - W6 500	Heat	1 / 2	10:24 am
273	Gld Master Men - W12 500	Heat	1 / 1	10:30 am See Race 294
274	J19 Men - W6 500	Heat	2 / 2	10:36 am See Race 408
275	J19 Women - W6 500	Heat	1 / 3	10:42 am
276	Premier Men - W12 500	Heat	1 / 3	10:48 am
277	J19 Women - W6 500	Heat	2 / 3	10:54 am
278	J19 Women - W6 500	Heat	3 / 3	11:00 am See Race 292
279	Premier Men - W12 500	Heat	2 / 3	11:06 am
280	Master Women - W6 500	Heat	1 / 3	11:12 am
281	Master Women - W6 500	Heat	2 / 3	11:18 am
282	Premier Men - W12 500	Heat	3 / 3	11:24 am See Race 316
283	Master Women - W6 500	Heat	3 / 3	11:30 am See Race 335
284	Premier Women - W6 500	Semi	1 / 2	11:36 am
285	Master Men - W12 500	Heat	1 / 2	11:42 am
286	Premier Women - W6 500	Semi	2 / 2	11:48 am See Race 421



2025 National Sprint Championships

SCHEDULE - DAY 5

Thu, 16 Jan 2025



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
287	J19 Men - W6 1000	Heat	1 / 3	11:54 am	
288	Master Men - W12 500	Heat	2 / 2	12:03 pm	See Race 344
289	J19 Men - W6 1000	Heat	2 / 3	12:09 pm	
290	J19 Men - W6 1000	Heat	3 / 3	12:18 pm	See Race 384
291	Master (75) Women - W12 500	Heat	1 / 1	12:27 pm	See Race 368
292	J19 Women - W6 500	Semi	1 / 2	12:33 pm	
293	J19 Women - W6 500	Semi	2 / 2	12:39 pm	See Race 409
294	Gld Master Men - W12 500	Final		12:45 pm	
295	Master Men - W6 500	Heat	1 / 3	12:51 pm	
296	Master Men - W6 500	Heat	2 / 3	12:57 pm	
297	Gld Master Women - W12 500	Final		1:03 pm	
298	Master Men - W6 500	Heat	3 / 3	1:09 pm	See Race 332
299	Master (75) Women - W6 500	Heat	1 / 1	1:15 pm	See Race 418
300	Premier Men - W6 500	Semi	1 / 2	1:21 pm	
301	Premier Men - W6 500	Semi	2 / 2	1:27 pm	See Race 420
302	Master Women - W6 1000	Heat	1 / 5	1:33 pm	
303	Master Women - W6 1000	Heat	2 / 5	1:42 pm	
304	J19 Men - W12 500	Heat	1 / 1	1:51 pm	See Race 337
305	Master Women - W6 1000	Heat	3 / 5	1:57 pm	
306	Master Women - W6 1000	Heat	4 / 5	2:06 pm	
307	J19 Women - W12 500	Heat	1 / 1	2:15 pm	See Race 371
308	Master Women - W6 1000	Heat	5 / 5	2:21 pm	See Race 378
309	Master Men - W6 1000	Heat	1 / 4	2:30 pm	
310	Premier Women - W12 500	Semi	1 / 2	2:39 pm	
311	Master Men - W6 1000	Heat	2 / 4	2:45 pm	
312	Master Men - W6 1000	Heat	3 / 4	2:54 pm	
313	Premier Women - W12 500	Semi	2 / 2	3:03 pm	See Race 349
314	Master Men - W6 1000	Heat	4 / 4	3:09 pm	See Race 388
315	Snr Master Men - W6 1000	Heat	1 / 3	3:18 pm	
316	Premier Men - W12 500	Semi	1 / 2	3:27 pm	
317	Snr Master Men - W6 1000	Heat	2 / 3	3:33 pm	
318	Snr Master Men - W6 1000	Heat	3 / 3	3:42 pm	See Race 386
319	Premier Men - W12 500	Semi	2 / 2	3:51 pm	See Race 381
320	Gld Master Men - W6 1000	Heat	1 / 3	3:57 pm	
321	J19 Women Dash - W1 250	St. Final		4:06 pm	
322	J19 Men Dash - W1 250	St. Final		4:16 pm	
323	Premier Women Dash - W1 250	St. Final		4:26 pm	
324	Premier Men Dash - W1 250	St. Final		4:36 pm	
325	Gld Master Men - W6 1000	Heat	2 / 3	4:46 pm	
326	Gld Master Men - W6 1000	Heat	3 / 3	4:55 pm	See Race 375
327	Premier Women Regional - W12 500	St. Final		5:04 pm	
328	Premier Men Regional - W12 500	St. Final		5:14 pm	



2025 National Sprint Championships

SCHEDULE - DAY 6
Fri, 17 Jan 2025



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
329	Snr Master Women - W6 1000	Heat	1 / 3	8:00 am	
330	Snr Master Women - W6 1000	Heat	2 / 3	8:09 am	
331	Snr Master Women - W6 1000	Heat	3 / 3	8:18 am	See Race 369
332	Master Men - W6 500	Semi	1 / 2	8:27 am	
333	Master Men - W6 500	Semi	2 / 2	8:33 am	See Race 416
334	Snr Master Men - W12 500	Final		8:39 am	
335	Master Women - W6 500	Semi	1 / 2	8:45 am	
336	Master Women - W6 500	Semi	2 / 2	8:51 am	See Race 417
337	J19 Men - W12 500	Final		8:57 am	
338	Gld Master Women - W6 1000	Heat	1 / 3	9:03 am	
339	Gld Master Women - W6 1000	Heat	2 / 3	9:12 am	
340	Snr Master Women - W12 500	Final		9:21 am	
341	Gld Master Women - W6 1000	Heat	3 / 3	9:27 am	See Race 372
342	J19 Women - W6 1000	Heat	1 / 4	9:36 am	
343	J19 Women - W6 1000	Heat	2 / 4	9:45 am	
344	Master Men - W12 500	Final		9:54 am	
345	J19 Women - W6 1000	Heat	3 / 4	10:00 am	
346	J19 Women - W6 1000	Heat	4 / 4	10:09 am	See Race 382
347	Master (70) Men - W6 500 (Turn)	Heat	1 / 1	10:18 am	See Race 398
348	Master (70) Women - W6 500 (Turn)	Heat	1 / 1	10:27 am	See Race 399
349	Premier Women - W12 500	Final		10:36 am	
350	Premier Men - W6 1500	Heat	1 / 6	10:42 am	
351	Premier Men - W6 1500	Heat	2 / 6	10:54 am	
352	Master Women - W12 500	Final		11:06 am	
353	Premier Men - W6 1500	Heat	3 / 6	11:12 am	
354	Premier Men - W6 1500	Heat	4 / 6	11:24 am	
355	Master (75) Women - W6 500 (Turn)	Heat	1 / 1	11:36 am	See Race 405
356	Premier Men - W6 1500	Heat	5 / 6	11:45 am	
357	Premier Men - W6 1500	Heat	6 / 6	11:57 am	See Race 390
358	Corporate Challenge W12 250m	Heat	1 / 3	12:09 pm	
359	Premier Women - W6 1500	Heat	1 / 7	12:19 pm	
360	Premier Women - W6 1500	Heat	2 / 7	12:31 pm	
361	Corporate Challenge W12 250m	Heat	2 / 3	12:43 pm	
362	Premier Women - W6 1500	Heat	3 / 7	12:53 pm	
363	Premier Women - W6 1500	Heat	4 / 7	1:05 pm	
364	Corporate Challenge W12 250m	Heat	3 / 3	1:17 pm	See Race 374
365	Premier Women - W6 1500	Heat	5 / 7	1:27 pm	
366	Premier Women - W6 1500	Heat	6 / 7	1:39 pm	
367	Premier Women - W6 1500	Heat	7 / 7	1:51 pm	See Race 392
368	Master (75) Women - W12 500	Final		2:03 pm	
369	Snr Master Women - W6 1000	Semi	1 / 2	2:09 pm	
370	Snr Master Women - W6 1000	Semi	2 / 2	2:18 pm	See Race 401
371	J19 Women - W12 500	Final		2:27 pm	
372	Gld Master Women - W6 1000	Semi	1 / 2	2:33 pm	



2025 National Sprint Championships

SCHEDULE - DAY 6

Fri, 17 Jan 2025



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
373	Gld Master Women - W6 1000	Semi	2 / 2	2:42 pm	See Race 395
374	Corporate Challenge W12 250m	Bowl Final		2:51 pm	See Race 377
375	Gld Master Men - W6 1000	Semi	1 / 2	3:01 pm	
376	Gld Master Men - W6 1000	Semi	2 / 2	3:10 pm	See Race 394
377	Corporate Challenge W12 250m	Plate Final		3:19 pm	See Race 380
378	Master Women - W6 1000	Semi	1 / 2	3:29 pm	
379	Master Women - W6 1000	Semi	2 / 2	3:38 pm	See Race 403
380	Corporate Challenge W12 250m	Champ Final		3:47 pm	
381	Premier Men - W12 500	Final		3:57 pm	
382	J19 Women - W6 1000	Semi	1 / 2	4:03 pm	
383	J19 Women - W6 1000	Semi	2 / 2	4:12 pm	See Race 397
384	J19 Men - W6 1000	Semi	1 / 2	4:21 pm	
385	J19 Men - W6 1000	Semi	2 / 2	4:30 pm	See Race 396
386	Snr Master Men - W6 1000	Semi	1 / 2	4:39 pm	
387	Snr Master Men - W6 1000	Semi	2 / 2	4:48 pm	See Race 400



SCHEDULE - DAY 7

Sat, 18 Jan 2025



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
388	Master Men - W6 1000	Semi	1 / 2	9:00 am	
389	Master Men - W6 1000	Semi	2 / 2	9:09 am	See Race 402
390	Premier Men - W6 1500	Semi	1 / 2	9:18 am	
391	Premier Men - W6 1500	Semi	2 / 2	9:30 am	See Race 406
392	Premier Women - W6 1500	Semi	1 / 2	9:42 am	
393	Premier Women - W6 1500	Semi	2 / 2	9:54 am	See Race 407
394	Gld Master Men - W6 1000	Final		10:06 am	
395	Gld Master Women - W6 1000	Final		10:15 am	
396	J19 Men - W6 1000	Final		10:24 am	
397	J19 Women - W6 1000	Final		10:33 am	
398	Master (70) Men - W6 500 (Turn)	Final		10:42 am	
399	Master (70) Women - W6 500 (Turn)	Final		10:51 am	
400	Snr Master Men - W6 1000	Final		11:00 am	
401	Snr Master Women - W6 1000	Final		11:09 am	
402	Master Men - W6 1000	Final		11:18 am	
403	Master Women - W6 1000	Final		11:27 am	
404	Adaptive Mixed - W6 500 (Turn)	Final		11:36 am	
405	Master (75) Women - W6 500 (Turn)	Final		11:46 am	
406	Premier Men - W6 1500	Final		11:55 am	
407	Premier Women - W6 1500	Final		12:07 pm	
408	J19 Men - W6 500	Final		12:19 pm	
409	J19 Women - W6 500	Final		12:25 pm	
410	Master (70) Men - W6 500	Final		12:31 pm	
411	Master (70) Women - W6 500	Final		12:37 pm	
412	Snr Master Men - W6 500	Final		12:43 pm	
413	Snr Master Women - W6 500	Final		12:49 pm	
414	Gld Master Men - W6 500	Final		12:55 pm	
415	Gld Master Women - W6 500	Final		1:01 pm	
416	Master Men - W6 500	Final		1:07 pm	
417	Master Women - W6 500	Final		1:13 pm	
418	Master (75) Women - W6 500	Final		1:19 pm	
419	Adaptive Mixed - W6 500	St. Final		1:25 pm	
420	Premier Men - W6 500	Final		1:32 pm	
421	Premier Women - W6 500	Final		1:38 pm	